Avery Edenfield and Jamal-Jared Alexander have recently published an article titled “Health and Wellness as Resistance: Tactical Folk Medicine” in *Technical Communication Quarterly*. The piece uses an intersectional feminist analysis to examine DIY and folk tactics Black trans people use to survive institutions that fail and oppress them. They argue for providers to have a compassionate approach to self-care (rather than to view it as noncompliance or resistance). The article has already begun to have an impact on LGBTQ public health and policy work in Utah.